Presented By: Food Finders Food Bank, Inc.

RECIPE FOR SUCCESS PROGRAM

Quick Recipe
1. SIGN UP FOR SNAP
2. VISIT RESOURCE COORDINATORS TO ASK QUESTIONS OR GET REFERRALS
3. ATTEND FREC CLASSES TO BUILD SKILLS AND LEARN ABOUT RESOURCES

Full Recipe
1. SCHEDULE APPOINTMENTS WITH A RESOURCE COORDINATOR FOR ADVOCACY AND ADVICE
2. RECEIVE GUIDED ASSISTANCE WHILE SIGNING UP FOR SNAP
3. COMPLETE FOOD FINDERS’ CORE CURRICULUM — SERIES OF 4 CLASSES ON NUTRITION, MEAL PLANNING, SMART SHOPPING AND LABEL READING
4. ATTEND ADDITIONAL FREC CLASSES TO CONTINUE BUILDING SKILLS
5. VOLUNTEER IN THE J.P. LISACK COMMUNITY FOOD PANTRY
6. USE TOKENS YOU’VE EARNED FROM EACH ACTIVITY TO BUY KITCHEN SUPPLIES THROUGH OUR TOKEN PROGRAM

PANTRY HOURS: Mon, Tues, Wed, Fri: 1 pm-7 pm Saturday: 10 am - 4 pm
WHAT IS THE RECIPE FOR SUCCESS PROGRAM?

Clients come to our pantry for a number of reasons - loss of income, disability, debt or unexpected life changes. Whatever your reason may be, Food Finders Food Bank wants to make sure that you are able to feed yourself and your family right now and in the long term. That’s why we have created the Recipe for Success Program. We want to give you the necessary ingredients to create your own recipe for food security.

Let us help you by connecting you with other Community Resources such as heating assistance, childcare and healthcare. Ask your Resource Coordinator to tell you about Education classes offered in the FFFB Food Resource & Education Center (FREC), Lafayette Adult Resource Academy, the Excel Center and Ivy Tech. You may be surprised at how quickly you can train for a better job.

When facing hard times and difficult decisions we can all use some Coaching. Let your Resource Coordinator (RC) know about the challenges you are facing. Your RC may have Information or ideas that will help to connect you with people or services that can offer assistance.

Could you use some help thinking of inexpensive, filling, nutritious meals that can be prepared quickly? Food Finders can help you with Planning your meals and shopping tips to receive the best food bargains. Talk to an RC if you want this help.

We know it isn’t easy to get the help you need to feed your family well. Our staff wants to help you become an Expert at finding and utilizing the tools and resources you need to get food today and in the days to come. For households needing a small boost, try our Quick Recipe. For households needing more in-depth services see our Full Recipe.

HOW DO I EARN TOKENS?

We know you're busy and we're happy that you are connecting to our services. Did you know that every time you attend a class, complete a portion of the Recipe for Success Program or volunteer in our food pantry, that you can earn tokens? Tokens can be used to purchase grocery and household items often unavailable in the pantry, kitchen utensils and even small kitchen appliances! Talk with your RC today to learn more or to select your items from our Token Guide.